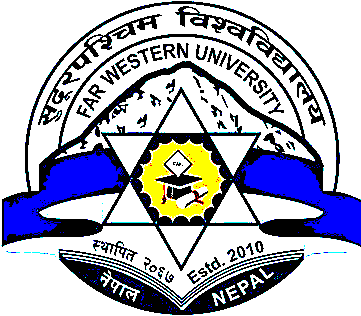
;'b"/klZrd ljZjljBfno

dx]Gb|gu/ s~rgk'/



**6Lsfk'/ ax'd'vL SofDk; s[lif lj1fg ;+sfo, bf];|f] ;qsf] k/LIff ljjfb ;DaGwL /fo;'´fj Pjd\ ;d:of ;dfwfgsf] ;Defljt pkfo l;kmfl/; ug{ ul7t ;'´fj ;ldltsf] k|ltj]bg – @)&\***

**;'b"/klZrd ljZjljBfno**

**k/LIff ;ldlt ;dIf k|:t't**

**k|ltj]bg**

**k|:tf]tf M**

**/fo;'´fj Pjd\ ;d:of ;dfwfgsf] ;Defljt pkfo l;kmfl/; ug{ul7t ;'´fj ;ldlt**

# **!= ljifo k|j]zM**

@)&^ ;fn r}q dlxgf b]vL ljZjJofkL ?kdf km}lnPsf] sf]le8–!( sf] dxfdf/Ln] dfgj hut\nfO{ c:tJo:t kfl//x]sf] cj:yfdf lzIffIf]q ;j}eGbfa9L k|efljt ePsf] ;j{ljlbt} 5 . ljZjljBfnon] cfˆgf x/]s sfo{qmdx? r':tb'?:t ;~rfng ul//x]sf] cj:yfdf o; dxfdf/Ln] c;/ kf/]sf] kl/k|]Ifdf ljBfyL{sf] z}lIfs jif{ v]/hfg glbg tTsfnLg cGof}nsf] cj:yfnfO{ ;xhLs/0f ug{ ef}lts?kdf k/LIff ;~rfng x'g ;;Sbf j}slNks dfWodaf6 cWoog cWofkg tyf d"Nof+sg h:tf ljz'4 z}lIfs ultljlwx?nfO{ ;d]t ultzLn agfpg' ckl/xfo{ cfjZostf cg';f/ g]kfnsf dflgt ljZjljBfno tyf cGo pRr z}lIfs ;+:yfx?n] cjnDjg u/]sf z}lIfs Pjd\ k/LIff ;~rfng ;DaGwL gLlt, lgod / lgb]{lzsfx?sf] ;d]t cWoogul/ ;'b"/klZrd ljZjljBfnon] cTofjZos z}lIfs Pjd\ k/LIff ;DaGwL ultljlwx?nfO{ lg/Gt/tf lbg j}slNks pkfox? cjnDag u/]sf] kfOof] . b]zdf dxfdf/Lsf] k|sf]k s]xL ;xh ePsf] sf/0f x/]s ljZjljBfnon] ef}lts?kdf sIff ;~rfng tyf k7gkf7g u/L kf7\oqmd cg';f/ cWoog cWofkg k"/f eO ;s]sf] cj:yfdf k/LIff lgoGq0f sfof{noåf/fldlt @)&\*÷)!÷)% b]vL ef}lts pkl:yltdf:gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/sf] k/LIff ;~rfng ug{ ldlt @)&& r}q @ ut]sf] lbgdf ;do;fl/0fL k|sflztu/L 6Lsfk'/ k/LIff s]Gb|df k/LIff ;DaGwL cfjZos sfuhftx? k'lu;s]sf] / ;f]xL cg';f/ s]Gb|n] cfjZos k|s[of cufl8 j9fO{ /x]sf] tof/L cj:yfdf b]ze/L e]l/o06 ;lxtsf] sf]le8–!( cfPsf] k|rf/ ePsf] / ;f]xL sf/0f b]vfpFb} s]xL k/LIffyL{x?n] ef}lts?kdf pkl:yt eP/ k/LIffdf ;xefuL x'g g;Sg] eg]/ k/LIffsf] lbg s]xL k/LIffyL{x?n] k/LIffxndf g} guP/ k/LIff jlx:sf/ ug]{ eg]/ d"nu]6df tfnfaGbL u/]/ hl6n kl/l:ylt l;h{gf u/]/ klxnf] lbg @)&\*÷)!÷)% ut]sf] k/LIffdf clwsf+; k/LIffyL{ cg'kl:yt /x] . pQm lbgsf] k/LIffdf \*% k/LIffyL{ cg'kl:lyt /x]eg] @^ hgf k/LIffyL{dfq ;lDdlnt eP, @)&\*÷)!÷)& ut]sf lbg rf}yf] ;qsf k/LIffyL{x?n] ;xh9+ujf6 k/LIff lbPsfn] k/LIff alx:sf/ug]{ k/LIffyL{x?klg @)&\*÷)!÷)\* ut] b]lvsf k/LIffx?df :jtM k/LIffdf ;lDdlnt eP . klxnf] lbgsf] k/LIff alx:sf/ ug]{ k/LIffyL{n] pSt 5'6]sf] k/LIff t'?Gt pxL qmdf° ls6fgul/ df}sf k/LIff xf];\ elg SofDk; k|zf;g ;dIf dfFu /fv]sfn] ;f] ;DaGwL ljjfb tyf ljBfyL{x?n] u/]sf] k'gM k/LIff ;DaGwL dfFunfO{ oyf]lrt 9+ujf6 ;Daf]wg Pjd\ Jojl:yt ug{nflu pk/f]Qm k/LIff s]Gb|sf] :ynut cWoogu/L ;TotYo kQf nufO{ jf:tljstfdf cfwfl/t eO{ cfjZos /fo;'´fj ;lxt ;ft lbg leq l;kmfl/; ug{ ;'b"/klZrd ljZjljBfno k/LIff lgoGq0f sfof{no s]Gb|Lo k/LIff ;ldltsf] ldlt @)&\*÷)^÷)^ ut]sf] j}7såf/f ;'emfj ;ldlt u7g ul/Psf] 5 . of] cj:yfnfO{ nfdf] ;do;Dd /fVbf ;d:of ´g} hl6n aGb} hfg'sf] ;fy} o;af6 ;+:yfnfO{ tyf ljBfyL{nfO{ emg gsf/fTds c;/ kg]{ ePsf]n] ;d:of ;dfwfgsf] s'g}gs'g} pkfo cjnDjg ug'{ lgtfGt cfjZos ePsf]n] g]kfnsf cGo ljZjljBfno, g]kfn ;/sf/ Pj+ ljZjljBfno cg'bfg cfof]uåf/f hf/L lgb]{zgsf] kl/wL leq /lx ;'b"/klZrd ljZjljBfno k=lg=sf= sfo{ljlwsf] cfwf/df pko'Qm pkfox?sf] vf]hL ul/ ;'emfj;lxt l;kmf/Lz ug{ cfjZos b]lvG5 .

# **@= ;ldltsf] ;+/rgf / gfdfjnL M**

6Lsfk'/ ax'd'vL SofDk;s[lif lj1fg ;+sfosf] k/LIff ljjfb ;DaGwL /fo;'´fj Pjd\ ;d:of ;dfwfgsf] ;Defljt pkfo l;kmfl/; ug]{ ;DjGwdf ;'´fj k]z ug{ ul7t ;ldltsf] ;+/rgf / gfdfjnL lgDgfg';f/ /x]sf]5 .

s= k|f= ef:s/bQ hf]zL k"j{ k/LIff lgoGqs, ;'=k=lj –;+of]hs

v= ;x k|fWofks 8f= /d]z hf]zL k"j{ ;x k/LIff lgoGqs lq=lj= –;b:o

u= t'n;Lk|;fb kl08t, ;xfos k|zf;s, k=lg=sf= –;b:o

!=

**#= ;ldltsf] ;do;Ldf / If]qflwsf/ M**

:ynut cWoogu/L of] ;ldltnfO{ /fo;'´fj ;lxtsf] l;kmfl/; k]z ug{ ;ft lbgsf] ;do ;Ldf lgwf{/0f ul/Psf] lyof] .o; ;ldltnfO{ ldlt @)&\* a}zfv % ut]] ;~rfng ePsf] :gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/ FMP2 Farm Management Production and Resource Economics ljifosf] k/LIffsf] lbg ;[hgf ePsf] ljjfbsf ;DaGwdf g]kfnsf cGo ljZjljBfno, g]kfn ;/sf/ Pj+ ljZjljBfno cg'bfg cfof]uåf/f hf/L lgb]{zgsf] kl/wL leq /lx ;'b"/klZrd ljZjljBfnosf] P]g, lgodfjnL, ljlgod, sfo{ljlwsf] cfwf/df pko'Qm pkfox?sf] vf]hL u/L ;'´fj ;lxt l;kmf/Lz ug]{ If]qflwsf/ /x]sf]5 .

# **$= ;ldltsf] sfo{ k|lqmof M**

o; ;ldltnfO{ k|fKt ;dol;df / If]qflwsf/ cg';f/ ;'´fj ;lxtsf] k|ltj]bg k]z ug]{ u/L tkl;nsf] sfo{tflnsf cg';f/ ;ldltn] sfo{ k|lqmof cl3 j9fPsf] lyof] .

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| qm=;+ | ldlt | a}7s qmd | ;Dkflbt sfo{ | s}lkmot |
| != | 2078÷06÷07 | klxnf] lbg | ;ldltsf] sfo{If]q ;do ;Ldf / ug'{kg]{ sfdsf ;DaGwdf hfgsf/L ;DaGwdf k/LIff lgoGq0f sfof{no;Fu 5nkmn |  |
| @= | 2078÷06÷08 | bf];|f] lbg | cGo ljZjljBfnosf kbflwsf/L tyf cGo hfgsf/;Fu ;/;Nnfx /fo ;'´fj ;lxt ug'{kg]{ sfdsf ;DaGwdf 5nkmn . |  |
| #= | 2078÷06÷09 | t];|f] lbg | 6Lsfk'/ ax'd'vL SofDk; k/LIff s]Gb|sf] :ynut cWoog . ;/f]sf/jfnf;Fu 5nkmn ul/of] . h;df -!\_ 8Lg Ho";Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . -@\_ SofDk; k|d'v Pjd\ s]Gb|fWoIfHo" ;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . -#\_ ljefuLo k|d'v tyf ;xfos s]Gb|fWoIfHo" ;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . -$\_ jl/i7 k|fWofks, sd{rf/L tyf lg/LIfsHo";Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . -%\_ To; lbgsf] k/LIffdf pkl:yt k/LIffyL{x?;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . -^\_ To; lbgsf] k/LIffdf cg'kl:yt k/LIffyL{x?;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng . |  |
| $= | 2078÷06÷10 | Rff}yf] lbg | ;j}sf] /fo;'´fjdf 5nkmn |  |
| %= | 2078÷06÷11 | kfFrf}F lbg | ;j}sf] /fo;'´fjdf 5nkmn |  |
| ^= | 2078÷06÷12 | 5}6f}F lbg | ;j}sf] /fo;'´fjdf 5nkmn cjnDag ug{ ;lsg] pko'Qm ljlw ;lxt k|ltj]bgsf] k|f/lDes 9f“rf tof/ ug]{ sfd . |  |
| &= | 2078÷06÷13 | ;ftf}FF lbg | k||ltj]bgnfO{ clGtd ?k lbg] sfo{ ;DkGg . |  |

**@=**

# 

# **%= :ynut cWoog ubf{ k|fKt ;/f]sf/jfnfsf] l/kf]6{ M**

;'b"/klZrd ljZjljBfnosf] ;a} sIffx? ef}lts pkl:lyltdf ;~rfng eO/fv]sf] cj:yfdf k/LIff lgoGq0f sfof{non] cfˆgf] jflif{s sfo{qmdfg';f/ z}lIfs kfqf] jdf]lhd k/LIff ;~rfngsf]gLlt lgwf{/0f ul/Psf]df ;f]xL cg'?k :gftstx bf];|f], rf}yf] / 5}6f}F ;d]:6/sf] ;qfGt k/LIff ef}lts ?kdf ;~rfng ug{ cGo ;+sfosf] s]xL lbg l9nf] / s[lif lj1fg ;+sfosf] @)&\*÷)!÷)% ut] b]vL k/LIff ;~rfng ug]{u/L @)&\*÷!@÷)@ ut] g} ;do;fl/0fL k|sflzt u/]sf] b]lvof] .;do;fl/0fL cg';f/ ldlt @)&\* a}zfv % ut] ;~rfng ePsf] :gfts tx s[lif lj1fg ;+sfo bf];|f] ;]d]:6/ FMP2 Farm Management Production and Resource Economics ljifosf] k/LIffsf] lbg hDdf !!! hgf k/LIffyL{ dWo] \*% hgf k/LIffyL{x?n] sf]le8sf] sf/0f ef}lts pkl:yltdf k/LIff lbg g;lsg] egL k/LIff glbPsf] / @^ hgf k/LIffyL{x?n] k/LIff lbPsf] b]lvof] . h;df pkl:ylt -lgoldt k'/f !# / cf+lzs !# u/L @^\_ cg'kl:ylt -lgoldt k'/f \*! / cf+lzs $ u/L \*%\_ hgf cg'kl:yt ePsf] b]lvG5 . ;f] lbgsf] hDdf k/LIffyL{ ;+Vof !!! lyof] . sf]le8 dxfdf/Lsf] cj:yf km}lnFb} uPsf] ;'Ggdf cfPtfklg ;/f]sf/jfnf;Fu a'‰bf g]kfn ;/sf/n] sf]le8 !( sf] klxnf] r/0fsf] k|efj qmdzM sd x'Fb}hfFbf /aGbfaGbL(Lockdown)sf] cj:yf ;fdfGo x'b} uO/x]sf] tTsfnLg cj:yfdf g]kfn ;/sf/åf/f lgb]{lzt :jf:Yo dfkb08x? ckgfO{ :yfgLo lgsfosf] ;dGjodf z}lIfs ;+:yfx?nfO{ k|ToIf sIff ;~rfng ug{ ;lsg] cj:yf ;[hgf eosf]n] To;} cg'?k o; ljZjljBfnon] klg cfÇgf z}lIfs sfo{qmdx? k|ToIf ?kdf sfo{qmd ;~rfng u/]sf] b]lvof] . t/ s]xL k/LIfL{x?n] sf]le8 dxfdf/Lsf] c;'/Iff b]vfO{ ;f] lbg k/LIff ;~rfng ;do cufj} k/LIff s]Gb|df cfP/ ljjfb ;[hgf e/]sf] / k/LIff lbg d~h'/ gePsf k/LIffyL{x?n] SofDk;sf] d"n u]6df g} tfnf nufO{ afFsL k/LIffyL{x?nfO{ klg leq hfgaf6 /f]s nufpg] k|of;u/] .tfnf nufpg' k"j{ leq uPsf k/LIffyL{x? / cleefjs cfkm} cfP/ csf]{ u]6jf6 k/LIff s]Gb|df cfˆgf 5f]/f5f]/Lx?nfO{ leq k7fO{Psf k/LIffyL{x?n] dfq k/LIff lbPsf] :ynut cWoogjf6 a'l´G5 . :ynut cWoog ubf{ e]6fPhltsf] ;/f]sf/jfnf JolStsf] egfO o:tf] /x]sf] 5 .

%= **c= s[lif lj1fg ;+sfosf 8Lg Ho";Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng .**

s[lif lj1fg ;+sfosf 8Lg k|f=8f=nfnk|;fb c+ufO{Ho" l;t of] ljifodf hfgsf/L lnFbf tTsfnLg cj:yfdf k/LIff s]Gb|n] ;r]tsf;fy ;DalGwt If]qdf sfd ug]{ lzIfs, sd{rf/L Pjd\ ljBfyL{ dfem :jf:Yo c;'/Iff pTkGg eO{ dxfdf/Lsf] hf]lvd ga9f];\ eGg] x]t'n] :jf:Yo ;'/Iffsf dfkb08x?M k/LIff s]Gb|df ;]g]6fOh/, yd{n ug / df:s, ;fdfGo cx]j;lxtsf] x]Ny 8]:ssf] Joj:yfsf ;fy} k/LIff xnnfO{ x/]s lbg ;]g]6fOh ul/ k|To]s xndf k/LIffyL{x?sf] aLrdf kof{Kt ;fdflhs b"/L sfod ug]{ h:tf k|fjwfg clgjfo{ ?kdf ckgfPsf] lyof] . s]xLljBfyL{x? k/LIff lbg cfPsf s]xL ljBfyL{x? cfkm}n] k/LIff lbg gdfg]sf lyP . sltko k/LIffyL{x? k/LIff xndf hfggdfgL u]6df g} tfnf nufP/ aflx/} a;]sf lyP .

#=

**%= cf= SofDk; k|d'v Pjd\ s]Gb|fWoIfHo" ;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng M**

SofDk; k|d'v Pjd\ s]Gb|fWoIf >L s]z/axfb'/ s'Fj/Ho";Fuof] ljifodf hfgsf/L lnFbf ljZjljBfnosf] k|sflzt ;do;fl/0fL cg';f/ xfdLn] k/LIff ;~rfngsf] k"0f{ tof/Ldf Pjd\ Jojl:yt tl/sfn]:jf:Yo c;'/Iff pTkGg eO{ dxfdf/Lsf] hf]lvd ga9f];\ eGg] x]t'n] :jf:Yo ;'/Iffsf dfkb08x?cKgfO{ k/LIff s]Gb|df ;]g]6fOh/, yd{n ug, df:s, cx]j;lxtsf] x]Ny 8]:ssf] Joj:yfsf ;fy} k/LIff xnnfO{ x/]s lbg ;]g]6fOh ul/ k|To]s xndf k/LIffyL{x?sf] aLrdf kof{Kt ;fdflhs b"/L sfod ug]{ h:tf k|fjwfg clgjfo{ ?kdf ckgfpg] hfgsf/L u/fPsf] lyof}F . olt x'Fbfx'Fb} klg s]xL k/LIffyL{x?n] k/LIff lbg gdfg]sf sf/0f SofDk;df k/LIff lbg cfPsf cGo k/LIffyL{x? nufot SofDk; kl/jf/n] ;d]t tgfjdf /x]/ sfd ug'{kg]{ cj:yf ;[hgf ePsf] lyof] . ljBfyL{x?nfO{ ;D´fO{ a'´fO{ ubf{klg gdfg]/ pN6} SofDk; u]6df tfnf nufpg uPsf lyP .s]xL :yfgLo k/LIffyL{x?n] ;fGt jftfj/0fsf ;fy k/LIff lbPsf ePklg u]6df ePsf] jftfj/0fn] pSt ljBfyL{x? lgs} tgfjdf lyP . SofDk;sf] :yfkgf b]vL xfn;Dd ljBfyL{n] SofDk;sf] d'nu]6df tfnf nufP/ k/LIff alx:sf/ u/]sf lyPgg . of] g} klxnf] 36gf eof] h;n] xfdL abgfd eof}F .

**%= O= ljefuLo k|d'v tyf ;xfos s]Gb|fWoIfHo" ;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng .**

8Lg, s]Gb|fWoIf nufot ljefuLo k|d'v ls/gk|;fb e§sf] egfO{ klg nueu Pp6} lsl;dsf] kfO{of] . sf]le8 !( dxfdf/Ljf6 aRg] pkfo :jf:Yo ;'/Iffsf ;fdfGo lgodx? kfngf ul/Psf5g\ eGbfklg s]xL k/LIffyL{x?n] k/LIff g} alx:sf/ ug{ vf]Hg' eof] . xfdLn] k/LIffyL{x?nfO{ k/LIffdf ;lDdlntx'g x/t/xjf6 ;D´fpg] k|of;u¥of}F t/ xfd|f] k|of; lg/y{s /x\of] . k/LIffyL{x?nfO{ ;f]´} cfkm" / :yfgLo cleefjs dfkm{t ;D´fpg] k|of; eof] . kmn:j?k s]xL ljBfyL{ ;xefuL ePeg] afFsL la/f]wd} /x] . k/LIff lbg'xf];\ eGbfklg dfGg' ePg .jxfFsf cg';f/ ljBfyL{x?n] xfdLn] k'/f ug{ g;Sg] dfFux? /fVg' eof] hf] k/LIff lgoGq0f sfof{no tyf s]Gb|Lo sfof{no;Fu dfq ;/f]sf/ /fVg] vfnsf lyP .km]/L xfdLnfO{ / ;DalGwt lgsfonfO{ cflwsfl/s s'g} hfgsf/L g} gu/fP/ k/LIff jlx:sf/ ug{ lt/ hfFbf of] 36gf 36\g uPsf] xf] . k/LIff lgoGq0f sfof{nosf] ;"rgf aflx/ xfdLn] hfg ;Sg] cj:yf lyPg . k/LIffyL{x?n] cflwsfl/s lgj]bg lbPsf] eP ;DjlGwt lgsfonfO{ hfgs/L u/fpg ;lsg] lyof] . t} klg ;DjlGwt lgsfonfO{ 6]lnkmf]g dfkm{t oxfFsf] oyfy{ 36gf atfPsf lyof}F . k/LIff lgoGq0f sfof{nojf6 ;"rgf k|sflzt e};s]kl5 k|zf;gn] k/LIffyL{x?nfO{ yk kmf]g ul//fVg' gkg]{ t} klg ;j}nfO{ u|'kdf hfgsf/L u/fPsf] s'/f ;'gfP .

$=

**%= O{= cGo k|fWofks, sd{rf/L tyf lg/LIfsHo";Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng .**

k|f=8f= hutaxfb'/ l;+x /fjn Ho", ;=Sof=k|=8f= wgs[i0f pkfWofk, ================zfx tyf lg/LIfs /Iff zdf{, ;+nUgsd{rf/L w|'j axfb'/ /fjn nufot cGo lzIfsx?sf] egfO klg 8Lg, s]Gb|fWoIf, ljefuLo k|d'vsf] h:t} lyof] . s'g}klg xfntdf k=lg=sf=sf] ;"rgf ljgf k/LIff /f]lsb}g elg er'{cn tyf sltkonfO{ kmf]gdf ;d]t hfgsf/L u/fPsf] ;fy} o;jf/] cleefjsnfO{ ;d]t k"j{ hfgsf/L u/fPsf] egfO lzIfssf] lyof] . To; lbg hDdf hfFrlbg] k/LIffyL{sf] ;+Vof !!! lyP . h;dWo] lgoldt ($ / !& hgf cf+lzs k/LIffyL{ lyP .k|To]s sf]7fdf @) hgf /fv]/ ^ sf]7fdf l;6KnflgËu/]sf lyof}F . k/LIff ;dodf @^ hgf k/LIffyL{ pkl:yt eP/ k/LIff lbPsf lyP eg] \*% hgf k/LIffyL{ cg'kl:yt /x]sf lyP . h;dWo] cg'kl:yt clwsf+z k/LIffyL{x? SofDk;sf] d"n u]6df k/LIff alx:sf/sf] kIfdf nfu]/ d"nu]6df tfnf nufO lbPsf lyP . cfpg] k/LIffyL{x?nfO{ ;d]t k/LIff glbg eg]sf lyP . s]xL :yfgLo k/LIffyL{x? cfˆgf cleefjs ;d]tnfO{ NofP/ cfPsf lyP . k/LIff lbg] sltko ljBfyL{x? tgfjdf /x]sf lyP . k/LIff ;lsPkl5klg sltko k/LIffyL{x? d"n u]6jf6 guP/ csf]{ u]6jf6 aflx/ lg:s]sf lyP . ;d:ofsf] lg/fs/0fsf] pkfo vf]h]/ oyf;So rfF8f] k/LIff lng'kg]{ s'/fdf pkl:yt ;a}n] hf]8 lbg'eof] .

**%= p= To; lbgsf] k/LIffdf pkl:yt k/LIffyL{x?;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng M**

k|zf;gsf] /]s8{ cg';f/ Tof] lbgsf] k/LIffdf @^ hgf pkl:yt ePsf lyP eg] \*% hgf cg'kl:yt /x]sf lyP . pkl:yt s]xL k/LIffyL{x?nfO{ a'‰bf jxfFx?sf] dfFu k/LIff lbgkfpg'kg]{ b]lvof] . t/ k/LIff s]Gb|df ;j} lsl;dsf] ;f] k/LIff ;bfsf] h:t} ;fGtdo tl/sfsf] xj; eGg] lyof] . k/LIff jlx:sf/ ug{ vf]Hg] k/LIffyL{x?sf sf/0f To;f] x'g ;s]g . k/LIff s]Gb| tyf k/LIffxnsf] jftfj/0f ;bfsf] h;t} ;fGtdo / Jojl:yt ePtfklg s]Gb|sf] d"n u]6dfsf] jftfj/0fn] s]xL tgfj l;h{gf ePsf] u'gf;f] lyof] . k/LIff jlx:sf/ ug]{ dWo]sf s]xL hgfn] s]xL lbg cufl8klg ;j}nfO{ k/LIffdf ;xefuL gx'g'xf]nf ;d]t eg]sf /x]5g\ . sltko k/LIffyL{x? :yfgLo tyf k/LIff s]Gb| glhssf] ePsf sf/0f klg jxfFx? k/LIff lbg cfPsf /x]5g\ . jxfFx?n] :yfgLo jftfj/0f a'´]sf ;d;dlos 36gfx? k|lt b}lgs ck8]6 /x]sf / ;/sf/L ;"rgf, :yfgLo ;dfrf/sf cfwf/dfklg ;f] 7fpFdf sf]/f]gf dxfdf/Lsf] jftfj/0f klg ;fdfGo/x]sf] eGg] ;'lgg cfpg] ePsf]n] lghx?sf cleefjs tyf SofDk; k|zf;gsf] ;Nnfx ;d]t lnP/ s]xL k/LIffyL{x? k/LIff lbg cfPsf] egfO{ 5 . clwsf+; k/LIffdf ;xefuL gePsf k/LIffyL{xsf] dfFu k/LIff alx:sf/ ug'{kg]{ lyof] . s]xL k/LIffyL{x?n] jxfFx?nfO{ klg ;xefuL gx'g eg]sf /x]5g\ . sltkonfO{ kmf]gdf ;d]t ghfg eg]sf /x]5g\ . cg'kl:yt sltko k/LIffyL{x?n] cfkm"x?nfO{ xfF;]/ luHofO/x]sf] s'/f ;d]t atfpg' eof] . ;f] 36gfn] xfn ;Dd;Ddg klg k/LIff lbg] k/LIffyL{x?nfO{ glbg] k/LIffyL{x?;Fu ltSttf a9]sf] cfkm'x?;Fu sltko ;flyx?sf] af]nrfn ;d]t aGb ePsf] / cfufdL lbgx?df ;flyx?sf] o:t} Jojxf/ /x]df ;uf]ndf ug'{kg]{ sltko sfddf ;d]t c;/ kg{;Sg] eGb} dfgl;s tgfj eP/x]sf] s'/f ;'lgof] . Tof] lbgsf] tgfjsf sf/0f ;f]r]h:tf] k/LIff gePsf] / sltkon]t kl5 s] x'g] eg]/ /f]P/ k/LIff lbPsf] klg jtfP . k/LIffsf] ;DjGwdf s'/f /fVbf xfdLn] lbPsf] k/LIff s] x'g] eg]/ ;f]w]sf lyP hf] lgtfGt k/LIff lgoGq0f sfof{no;Fu ;/f]sf/ /fV5 .

%=

**%= pm= To; lbgsf] k/LIffdf cg'kl:yt k/LIffyL{x?;Fu 5nkmn tyf jxfFsf] /fo;'´fj ;+sng .**

To;lbgsf] k/LIffdf hDdf !!! hgf k/LIffyL{x? dWo] @^ hgfn] k/LIff lbPsf / \*% hgf k/LIffyL{ cg'kl:yt /x]sf] s'/f k|zf;gsf] /s]8{ tyf :jod\ k/LIffyL{x?n] atfPsf5g\ . jxfFx?sf] egfO{ ljZjJoflk?kdf km}lnPsf] bf];|f] sf]/f]gf efO/;sf] k|sf]k a9]sf] h;sf] k|efj of] If]qdf klg k/]sf]n] ef}lts pkl:yltdf k/LIff lbg g;s]sf] atfPsf lyP . jxfFx?sf] egfOdf s[lif lj1fg ;+sfodf %% lhNnfsf ljBfyL{x? cWoog/t 5g\ . xfdLx? dWo] clwsf+; k/LIffyL{x? lhNnf aflx/jf6 cfPsf / sf]/f]gf kf]h]l6e x'g;Sg] ;Defjgf lyof] ;f]sf] Joj:yfkg SofDk; k|zf;gn] ug'{kg]{ lyof] ;f] sfd u/]g eGg] cf/f]k lyof] . dxfdf/L r/d ;Ldfdf km}lnPsf] cj:yfdf k/LIffyL{x?n] k/LIff ;~rfngsf lglDt ;fdflhsb"/L ;lxtsf] l;6 Joj:yfkg, ;]g]6fOh/, df:s, x]=c= ;lxtsf] x]Ny 8]:s, *Isolation* sf] ;fy} *PCR Test* sf] Joj:yf ug'{kg]{ dfFu /fv]sf] t/ SofDk; k|zf;gjf6 df:s, ;]g]6fOh/, yd{ld6/, x]=c= / ;fdflhsb'/L sfodu/fpg] sfdsf] dfq lhDdf lnPsf] . ctM cleefjs lalxg PSnfPSn} 8]/fdf a:b} cfPsf xfdL ljBfyL{x?n] dxfdf/Lsf] eon] k/LIff glbg] lg0f{o lnPsf lyof}F . dxfdf/L a9]sf]n] qf;sf sf/0f tgfj ePsf] egfO /v]sf lyP .pgLx?sf] egfOdf SofDk; k|zf;gn] sf]/f]gfefO/;jf6 aRg] ;fdfGo dfkb08sf] Joj:yf u/]sf] cfkm"x?nfO{ hfgsf/L gePsf] atfP .sltkosf cg';f/ cfkm"x?nfO{ SofDk; k|zf;gjf6 k/LIff lbgcfp eg]/ kmf]g ;d]t gu/]sf] u'gf;f] ;'gfP . ljBfyL{sf] egOdf To;j]nf xfdLn] SofDk; k|zf;gnfO{ ***cfO;f]n]xgsf*]** Joj:yf ug{ dfFu /fv]sf lyof}F . ljBfyL{sf] ;'/Iff SofDk;n] lng'k5{ eGg] dfFu /v]sf]df k|zf;gn] jf:tf gu/]sf] atfP .;f] u/]sf] eP k/LIff lbg cfpg] lyof}F eg]sf lyP .a}zfu # ut]sf] lbgsf] cf]/]G6]zg kl/rofTds sfo{qmddf ljZjljBfnojf6 uPsf kbflwsf/LnfO{ ;d]t ;f] s'/f ;'gfPsf] t/ jxfFx?jf6klg ;d:of ;dfwfgsf]nflu kxn gu/]sf]n] cfGbf]ng cufl8 a9]sf] atfpg' eof] . k/LIffyL{x? o:t} cj:yfdf k/LIff lbg ;lsb}g eg]/ @)&\* a}zfu # ut] ljBfyL{ ;+u7gx?n] ;+o'St k|]z lj1lKt lgsfn]/ Wofgfsif{0f u/fPsf] atfP . cflwsfl/s dfFux? ;lxtsf] hfgsf/L ;DjlGwt lgsfodf lbg'kg]{ To;f] u/]sf] b]lvPg . h;n] ubf{ lghx?sf] ;"rgf tyf k|];lj1lKtdfly ;'g'jfO gePsf] b]lvG5 . ljBfyL{x?sf] egfOdf Ps b'O{ k6s k|af;g;Fu ZOOM ldl6Ëdf / 6]lnkmf]gdf ef}lts?kdf k/LIff lbg g;lsg] aftfO /xbfklg ;'g'jfO{ gePsf] u'gf;f] u/]sf lyP .

**k|yd lbgsf] k/LIffdf cg'kl:yt x'g] ljBfyL{x?sf dfFuM**

s= k|yd ;]d]:6/sf] k/LIff kmn k|sflzt x'g' cufj} cyjf j8fbz}Fsf] nfdf] ljbf cufj} o; ljifosf] k'gMk/LIff u/fP/ ;Fu} k/LIffkmn k|sflzt ug'{ kg]{ .

v= k'gM ul/g] k/LIffdf pxL qmdf° cl°t x'g'kg]{ .

u= k'gM ul/g] k/LIffsf] k/LIffkmndf qmdf°sf] cufl8 Star gnufpg] .

3= ljZjljBfnojf6 bLIffGt ;df/f]xdf k|bfg ul/g] kbs jf cGo lgsfojf6 k|bfgul/g] kbs ljt/0fsfnflu xfd|f] gfd klg k|lt:k|wfdf ;dfj]z ul/g'kg]{ .

ª= s[lif lj1fg ;+sfosf ljBfyL{x?sf] nAwfÍkq Hofb} ;+j]bgzLn x'g] ePsf]n] ljZjljBfnon] xfdLnfO{ cGo ;+sfo;Fu gbfFhL xfdLk|lt ;+j]bgzLn eP/ lg0f{o n]jf];\ .

^=

**sfo{bnsf] larf/df yk s'/fx?**

!= of] 36gf af6 ljZjljBfno kl/jf/df c;xh l:ylt l;h{gf ePsf] 5 .

@= ;dfhdf of] 36gfn] gsf/fTds ;Gb]z lbPsf]df / ljZjljBfnonfO{ abgfd ug]{ k|of; ePsf] 5 .

#= k/LIff lbg] / glbg] b'j}nfO{ dfgl;s tgfj l;h{gf ePsf] 5 .

$= o:tf 36gfx? k'gM bf]xf]l/g glbg ljZjljBfnosf] t'?Gt s]lx sbd rfNg' kg]{ x'G5 .

%= k/LIff jlx:sf/ ug]{ k/LIffyL{x?n] ;do}df lhDd]jf/ lgsfo ;dIf lnlvt dfFu /fv]sf] b]lvPg . t/ jxfFx?sf] egfOdf a}zfv # ut]sf] cf]/]G6]zg sIffdf ljZjljBfnojf6 efulng uPsf lhDd]jf/ kbflwsf/Lx?nfO{ ;f] s'/f ;'gfPsf] t/ jxfFx?n] klg ;dfwfgsf] lhDd]jf/L glnPsf] u'gf;f] ug'{eof] . of] s'/fsf] hfgsf/L kbflwsf/Lx?nfO{ lbnfPsf] lyof] eg] b'a}kIf a;]/ 5nkmndf uPsfeP ;dfwfgsf] pkfo vf]Hg ;lsGYof] .

^= s'g} dfFux?klg ;DjlGwt lgsfodf glbP/ k|];lj1lKtsf] ?kdf lgsfn]sf] b]lvof] h;n] ubf{ l:ylt hl6n aGg k'Uof] .

&= ljZjljBfnon] ug]{ lg0f{osf ;DjGwdf alx:sf/kIfn] ljZjljBfnonfO{ ;dodf hfgsf/L gu/fO{ x/]s s'/fsf] ;dfwfg SofDk;n] ug'{kg]{ cfzo b]vfO{ tfnfaGbLdf u/]sf] / SofDk; k|zf;gn] klg cfpg ;Sg] ;d:ofsf] k"j{ cfFsng ug{ g;s]sf] b]lvof] .

\*= sf]/fgf efO/; dxfdf/L a9]sf] b]v]kl5 k/LIffyL{x? SofDk;df pkl:yt gx'g' kg]{ xf] . t/ k/LIff alx:sf/ ug]{ ljBfyL{x? :jf:Yo] ;'/Iffsf dfkb08 ;d]t kfngf gu/]/ SofDk; u]6df ;fd'lxs a;]sf] b]lvof] . ef}lts ?kdf pkl:yt e} k/LIff glbg] t/ Online ?kdf dfq k/LIff lbg] dg;fo lnP/ k/LIff dfq alx:sf/ ug]{ /0fgLlt a'l´of] . hf] gx'g'kg]{ xf] .

(= ljZjljBfnosf] ;fdfGo ;"rgfsf] klg hfgsf/L glnPsf] b]lvof] . sltko ;do;fl/0fLdf v'nfO{Psf ;"rgfx? h:tf] ljZjljBfnosf k"j{;"rgfljgf k/LIff :ylut x'g]5}g . k/LIffdf cg'kl:yt k/LIffnfO{ csf]{ s'g} Jojj:yf x'g] 5}g nufotsf ;do;fl/0fL tyf k|j]zkqdf pNn]lvt ;"rgfsf] ;d]t hfgsf/L glng] u/]sf] kfOof] .

!)= klxnf] lbgdf ;fdfGo dfkb08 kfngf gu/]sf] eGg] cf/f]k nufPsf 5g\ . t/ bf];|f] lbg rf}yf] ;]d]:6/sf] k/LIfyL{x?n] k/LIff lbPkl5 klxnf] lbgsf] k/LIff alx:sf/ ug]{ k/LIffyL{x?n] klg k/LIff lbPsf] kfOof] . jxfFx?sf] egfOdf bf];|f] lbg sf]/f]gf efO/;jf6 aRg] :jf:Yo ;'/Iffsf dfkb08 k'/f u/]sf / SofDk; k|zf;gjf6 5'6]sf] k/LIffsf] Joj:yf u/fpg kxn ug]{ eg]kl5 csf]{ lbgsf] k/LIffdf ;xefuL ePsf] s'/f atfPsf] lyP .

!!= t/ SofDk; k|zf;gn] pSt ;'ljwfsf] Joj:yfkg klxn]b]lvu/]sf] egfO 5 . of] eGbf k"j{ ef}lts?kdf g} sIff ;+rfngdf lyP, ns8fpgsf] cj:yf lyPgs]jn k/LIffyL{x? k/LIffsf] tof/L ljbfdf a;]sf lyP .

!@= SofDk;n] pSt 36gfdf cfpg;Sg] ;Defljt ;d:ofsf] cfFsng u/L ;DjlGwt lgsfodf ;dodf df}lvs afx]s lnlvt?kdf hfgsf/L gu/fPsf] tyf ljBfyL{ / SofDk; k|zf;gsf] lardf ePsf w]/}h;f] s'/fx? klg lnlvt geP/ df}lvs ?kdfg} ;Lldt /fv]sf]n] klg b'O{ kIfaLr c;dhbf/L a9\guO 36gfn] hl6ntf lnPsf] b]lvG5 .

&=

**^=** **;'emfjM**

k/LIff lgoGq0f sfof{noåf/f lgwf{l/t If]qflwsf/ leq /x]/ :ynut cWoogdf ;/f]sf/jfnfn] lbPsf] l6Kg ;s]sf] ljj/0fsf cfwf/df ;ldltdf Jofks 5nkmn Pj+ cWoog kZrft\ b]xfo cg';f/sf ;'emfjx? l;kmf/Lz ul/Psf] 5 .

ljBfyL{x?sf dfFusf ;Gbe{dfM JolSt s'g} ;+:yf;Fu cfj4 e};s]kl5 To;sf] P]g ljlgod lgod sfg'g sfo{ljlwsf] kfngf ug'{u/fpg' p;sf] bfloTj x'G5 . ljZjljBfnosf] k/LIff lgoGq0f sfof{nosf] ;"rgfnfO{ Wofg glbO{ efjfj]zdfcfO{ k/LIffyL{x?n] ljZjljBfno;Fu ;dodf 5nkmng} gu/L lhDd]jf/ kIfsf] /fo ;'´fjsf] c6]/ul/k/LIff alx:sf/ u/]sf] . ljBfyL{x?n] cflwsfl/s ?kdf SofDk; k|zf;g dfkm{t ljZjljBfnonfO{ ;dodf dfFu /fv]/ b'O{kIfaLr 5nkmn x'g'kg]{ lyof], To;f] gx'Fbf of] 36gf 36\g uof] . SofDk; k|zf;gjf6 cfkm";Sbf] pkfo ckgfPsf] t/ g;Sg] pkfo (PCR Test)ckgfpg g;Sg] elg hjfkm lbPsf] / alx:sf/ ug]{ k/LIffyL{x?nfO{ k/LIffdf ;lDdlnt x'g kxn ubf{ s]xL :yfgLo k/LIffyL{x? ;xefuL ePsf] / w]/}h;f] k/LIffyL{x?nfO{ jfWoug{ g;s]sf] . x/]s ;+:yfdf hflgghfgL 36]sf o:tf 36gfx?nfO{ nfdf] ;do;Dd clg0f{osf]?kdf /fVbf ´g cGof}n / hl6ntf yKb} hfg] ePsf]n] ljZjljBfnosf] P]g, lgod, lgodfjnL, sfo{ljlw cg';f/ ;DalGwt lgsfon] ;dfwfg ug'{kg]{ x'G5 . ;a};Fu ;/f]sf/ /fVg] 36gfx?sf] ;dfwfg ubf{ b]zsf k|rlnt ljZjljBfnosf sltko Oltxf;, lgod, sfo{ljlwnfO{ ;d]t kfngf u/]/ tyf eljiodf s;}n] k|Zg gp7fpg ;Sg] tl/sfn] ;dodf ;d:of ;dfwfgsf] pkfo vf]Hg' kg]{ x'G5 . To;}n] of] ;d:ofsf] ;dfwfgsf] Pp6} dfq pkfo eg]sf] sfo{ljlwdf ePsf] Joj:yfsf] cfTd;fy kfngf ug'{ xf] . ljZjljBfno k/LIff lgoGq0f sfof{non] /fi6«Lo tyf cGt/f{i6«Lo :t/df cfˆgf] z}lIfs5la agfO/fVg ;'b"/klZrd ljZjljBfno k/LIff Joj:yfkg tyf ;~rfng sfo{ljlw @)&\* sf] kl/R5]bb $ sf] lgod $=! sf] pklgod $=!+=% cg';f/sf] k'gM k/LIff (Back Paper)ug'{ kg]{ b]lvG5 . o;/L k/LIff ubf{ ljZjljBfnon] cGo k/LIff´} ckgfpg] ;a} k|lqmofx? lgod;+ut ckgfpg' kg]{ tyf h;sf] kfngf ;/f]sf/jfnf ;a}n] ug'{ lgtfGt h?/L x'G5 .k/LIff h:tf] ;+j]bgzLn cj:yfnfO{ ;fdfGo tl/sfn] x]l/g' / bL3{sfnLg c;/kg]{ lg0f{o ug'{ x'Fb}g . o;sf] ;dfwfg b]zsf cGo k|rlnt ljZjljBfnosf] gLltlgod Oltxf; tyf;'b"/klZrd ljZjljBfnosf] sfo{ljlw cg';f/ ug'{kg]{ x'G5 . Tof] eGbf afx]ssf] lg0f{odf k|ZglrGx v8fug]{ 7fpF dfq x'Fb}ggsL k6sk6s o;tf 36gfx? bf]xf]l/g] ;Defjgf x'G5 .

# **&= ;Gbe{ ;fdu|Lx?M**

* ljZjljBfno cg'bfg cfof]u, æpRr lzIffdf j}slNks k|0ffnLjf6 l;sfO ;xlhs/0f lgb]{lzsf @)&&Æ
* cGo ljZjljBfno;Fu ;fdfGo hfgsf/L / ;do ;dodf hf/L ul/Psf ;"rgf
* ;'b"/klZrd ljZjljBfnoMæj}slNks dfWodaf6 k/LIff ;+rfng, Joj:yfkg tyf d"Nof+sg lgb]{lzsf @)&&Æ ;+zf]wg ;lxt @)&\*
* ;'b"/klZrd ljZjljBfno / k/LIff lgoGq0f sfof{nosf k|sflzt ;"rgfx?
* ;'b"/klZrd ljZjljBfnoMk/LIff Joj:yfkg tyf ;~rfng sfo{ljlw @)&\*
* :ylut k/LIff Pj+ sIff ;~rfng ;DjGwL ;'´fj ;ldltsf] k|ltj]bg @)&\*

\*=

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